## Glove Measuring Guide

To determine the proper size of insulating rubber glove needed see instructions below.

1. Go round your hand with a measuring tape, leaving out the thumb. Measure the circumference around your hand.
2. Close the hand without excessive clenching andtake the measurement.
3. For example, with a circumference around the hand of 24.5 cm we recommend the next size up.


| Recommended Size | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
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| Hand Measurement (cm) | 14 | 16 | 18 | 21 | 24 | 26 | 28 |

